

Coaching Agreement

I, _____, am excited about meeting for coaching with _____. I will diligently complete the action steps and assignments we agree on, and be punctual for our meetings so we'll make the most of our time together. I will consistently take the initiative with you in this relationship. I'm responsible for my life, my choices, and my healing journey, and I'll make and follow through with my choices about what actions to take and what we work on together.

I will be a trustworthy partner, honest and open with you about what is going on in my life, and handling what you share with me with respect and discretion. I will be honest about my feelings and let you know if I am triggering so that we can address it in a healthy manner. I will bring the areas of my heart I desire to heal to the table with authenticity, as I am ready, so that we can focus on breathing healing into those places.

I understand that you are making the coaching materials available to me under license for my *personal use only*, and I agree not to sell, copy, distribute or use them with others. I agree to allow Kim to discreetly share/consult with her select advisors and consultants about my work as needed to allow her to help me with excellence. I agree to pay \$_____ divided into one or two payments to be made every three weeks of the coaching journey beginning week one via an online invoice.

I agree to allow Kim to use my name and contact information as a part of her "coaching log" for the purpose of accreditation with the International Coach Federation. My information will not be used for any other purposes.

coach commitment

I am excited about coaching you in this area. I covenant with you to be punctual and well-prepared so we can make the most of our time. I want to see you transformed, and equipped to pass on to others what God has done in you.

I will be a trustworthy partner, honest and open with you about what is going on in my life, and handling what you share with me with respect and discretion. I periodically approach my own coaches/advisors for advice and consultation on my coaching relationships in order to offer the best coaching that I can.

practical expectations

1) Meeting Frequency: We'll meet: **Weekly**

2) Commitment: I'm committing to work together with you in a coaching relationship for 6 9 12 weeks with

our meetings on **TBD. Our meetings will be 60 minutes long.**

3) Schedule: I will respect your schedule by making **every effort to hold rescheduling and cancellations to a minimum.**

4) Initiative: If I can't make a meeting or meet expectations, I will take initiative to reschedule with as much notice as possible (**24 hours minimum**). I take responsibility to reschedule my session within that week, or I will accept that it is a lost session that I am responsible to pay for.

Coach/Date

Client/Date